

Safe Not Sorry Lesson Plan

Learning Objectives

Students will:

1. understand the importance of safety rules.
2. listen critically to interpret and evaluate.
3. participate in class discussion
4. write safety rules

TEKS:

SS: K.8A, K.8B K.15B, 1.11A, 1.11B, 1.18A; 2.11A, 3.17C

ELAR: K.5K.6ABCDEF, K9A, 1.7ABCDEF, 1.10A, 1.11BE, 1.12A, 2.7ABCDEF, 2.10A, 2.11A, 2.12 A, 3.7ABCDEF, 3.10A, 3.11A 3.12AB

Health: K.2A, 1.2A, 2.2ABE, 3.2ABFG

Materials Needed:

Safe Not Sorry book or *Safe Not Sorry* PowerPoint, chart paper, markers, two-foot piece of yarn, poster board or large paper, acrostic handout, Safety Poem handout, Safety Rules handout, Safety Rules Story handout, Safe Not Sorry cards, Street Smart handout

Resources:

DRSR Children's Books website, DRSR Lessons website

Vocabulary:

ignition, buckle, handrail, reflectors, intersection, crosswalk, pedestrian

Teaching Strategy

Teaching Tips:


- Print the Safe Not Sorry cards in advance.
 - This would be a great story to use for shared and modeled reading. You can project the book on the screen.
 - You might consider having students reread the story during station time. Provide questions for students to find text evidence at the station. Students can also write cause and effect statements about safety rules.
 - Some of the other DRSR Children's Books would make great read alouds.
1. Ask students to think about their day so far and what rules they've had to follow. Have students share the rules. Ask questions such as:
 - Why do you follow rules?
 - What would happen if we didn't have rules?
 - What is the purpose of rules?

2. Create an anchor chart with the following titles: Home / School / Community
Have students brainstorm rules they follow in each category and place the rules on the chart.

Home	School	Community

3. Share with students that you are going to read a book titled *Safe Not Sorry*. Show the cover. Have students predict what it might be about. Have them explain their predictions.
4. Read the story. Ask questions such as:
 - What are some safety rules to follow in a car?
 - Why shouldn't drivers text and drive?
 - Why is it important to obey traffic signs?
 - When is it safe to ride in the front seat? (age 13)
 - What are some rules to remember when riding on a bus?
 - Why is it important to listen to the bus driver?
 - Is it okay to ride your bicycle across intersections? Explain.
 - What is a cross walk? Why is it used?
 - What are some rules to follow in your neighborhood?
 - What is meant by the buddy system?
 - What does it mean to be "street smart?"
5. (**Kindergarten – First Grade Students**) Have them sit in a large circle. Follow these directions:
 - Place a piece of yarn down the middle of the circle, vertically.
 - On one side place the **SAFE** title. On the other side place the **SORRY** title.
 - Shuffle the *Safe Not Sorry* cards. Read one of the cards. Students have to decide if the statement belongs on the Safe side or the Sorry side and explain their reasoning.
 - Note: if students are reading, they can do this in small groups on their own.
 - This activity can also be done as a matching sort.
6. (**First – Third Grade Students**) Divide students into 5 groups. Assign each group a type of safety from the book: Car Safety, School Bus Safety, Bicycle Safety, Pedestrian Safety, Neighborhood Safety.
Each group will do the following:
 - Create a poster to put up in the school about the importance of that type of safety. Groups should include important rules they learned.
 - Create a skit explaining the importance of that type of safety.
 - Present their skits to the class.

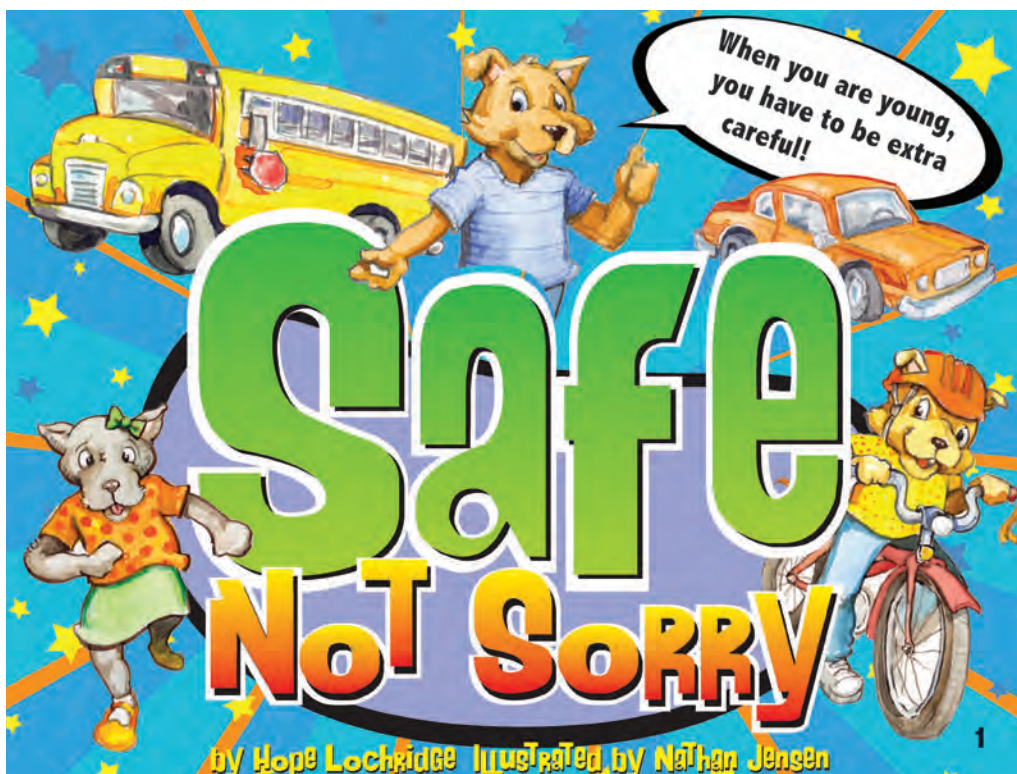




7. As a culminating learning experience, have students do one of the following: (Choose the activity based on the learning needs of your students.)

- Street Smart (Kindergarten)
- Acrostic Poem
- Safety Poem
- Safety Rules Paragraph
- Safety Rules Story

Safe Not Sorry PowerPoint



When riding in a car



- You must sit in a child safety seat or booster seat if under the height/age requirement.

- Be sure to buckle up!

- Make sure the shoulder strap is properly placed.

- Keep your arms and legs inside the car, please.

- Do not throw anything in or outside the car.



2

- You are safest in the back seat.

The Rules

Birth to at least 1 Year, Up to 35 Pounds

- Rear-facing child safety seat in the back seat

1-3 Years, 20 to 40 Pounds or more

- Rear-facing for as long as possible, then a forward-facing seat, in the back seat

4-7 Years, Usually over 40 Pounds, up to 4'9"

- Booster seat in the back seat

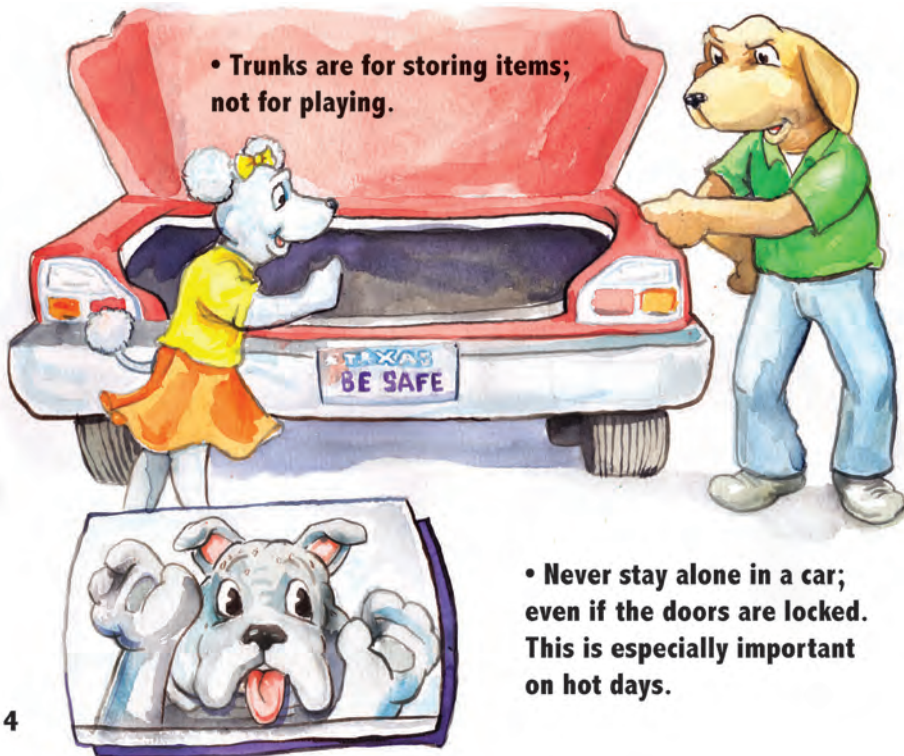
8+ Years, Over 4'9" tall

- An adult seat belt, in the back seat, if it fits properly
- Children should not ride in the front seat until about age 13



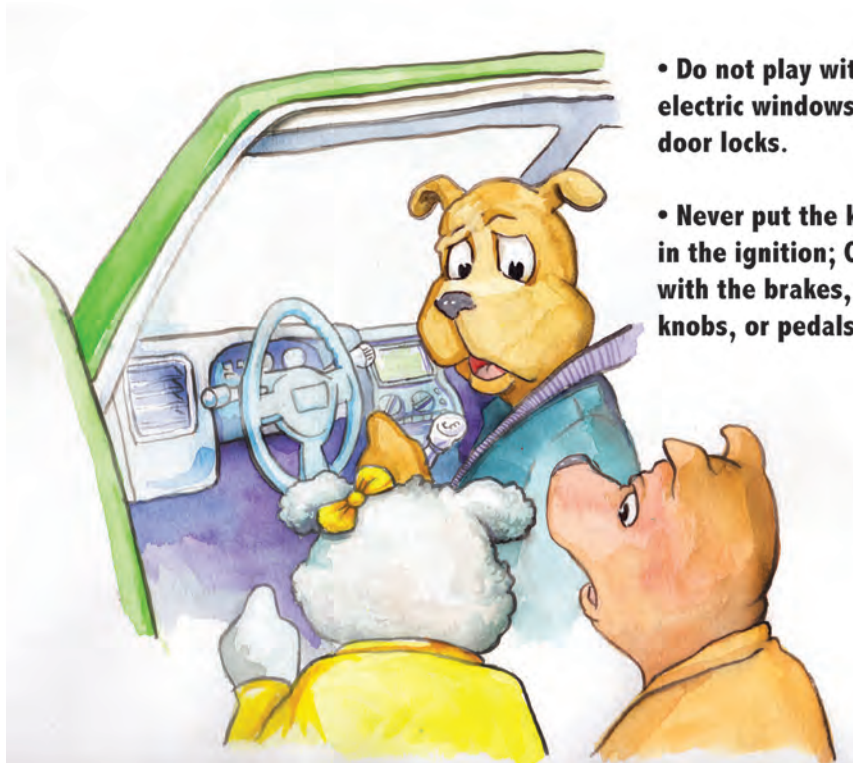
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• Trunks are for storing items; not for playing.



• Never stay alone in a car; even if the doors are locked. This is especially important on hot days.

4



- Do not play with the electric windows or door locks.

- Never put the keys in the ignition; Or fool with the brakes, gears, knobs, or pedals.

5

- Do not distract the driver with lots of noise or questions.

- Talk or sing softly.

- If you are playing a video game or listening to music, keep the volume low.



6



Remind your driver To

- Buckle Up!
- Don't text and drive.
- Use cell phone only in emergencies while in the car.
- Never drink alcohol and drive.
- Obey all traffic signs and symbols.

7

When on a school bus



- Listen to the driver.
- Stand back at least 5 feet from the curb while waiting.
- Hold onto the handrail.
- Cross the street 10 steps in front of the bus.



8



When riding a bicycle



- Always wear a helmet on your bicycle.
- Put reflectors on your bike.
- Keep your hands on the handlebars.
- Walk your bike across intersections.
- Use hand signals.
- Be visible. Be well lit. Add a bright white light to the front of your bike and a red light to the back.



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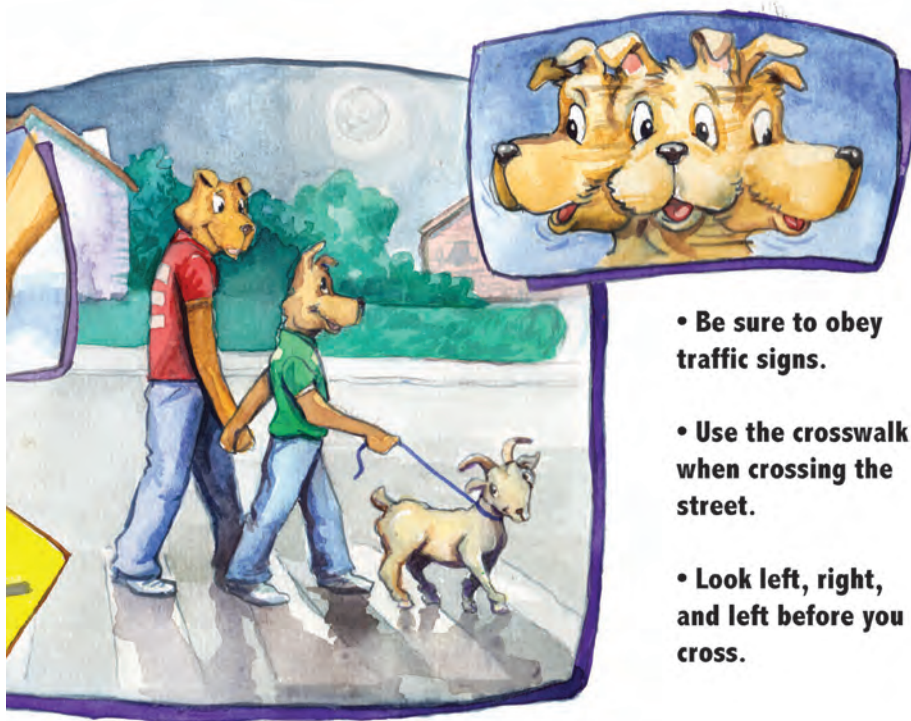
When walking



- Stay on the sidewalk.
- Hold hands.
- Walk, don't run, across intersections.
- Make sure that your pet is on a leash and can't run out into the street.
- Wear reflective clothes or stickers at night.



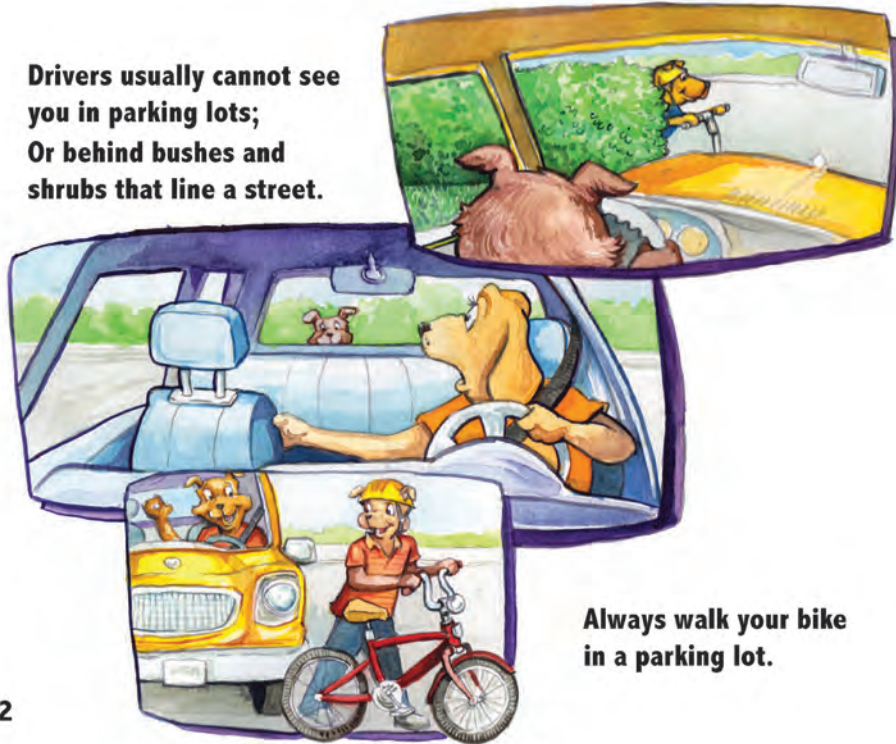
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- Be sure to obey traffic signs.
- Use the crosswalk when crossing the street.
- Look left, right, and left before you cross.

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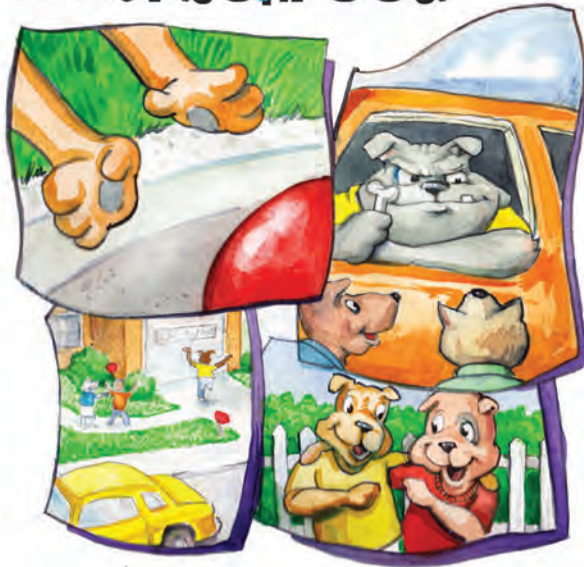
Drivers usually cannot see you in parking lots;
Or behind bushes and shrubs that line a street.



Always walk your bike in a parking lot.

12

When playing in your neighborhood



- Don't chase a ball into the street without looking first for cars.
- Play in the front yard or at a park; not in the street.
- Don't talk to strangers.
- Remember the buddy system.

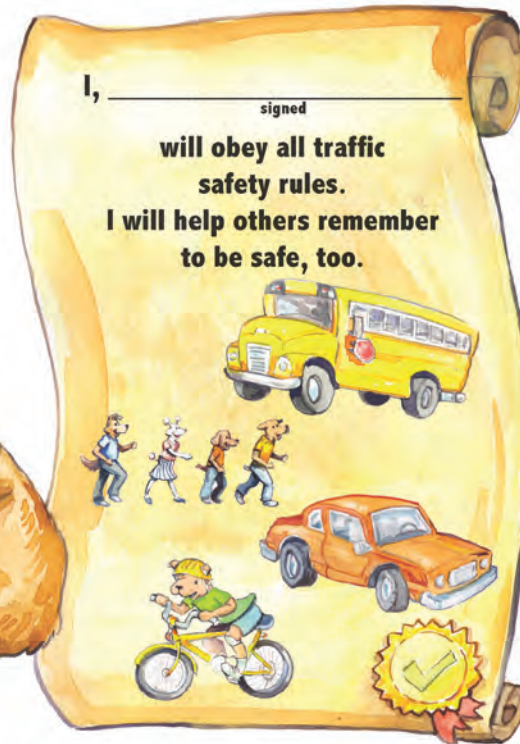
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So, Be Safe—Not Sorry!
Accidents can be prevented.

BE STREET SMART!



14



Check for Understanding!

Put a check in the column indicating whether it is
Safe **Unsafe**

	Remind your Dad to not text & drive		
	Sit in the back seat in a booster seat		
	Sing loudly with your friends in the carpool		
	Wear reflective clothes or stickers when walking at night		
	Play in the trunk of your aunt's car		
	Play tag in the grocery store parking lot		
	Cross at the crosswalk		
	Look left, right, left before crossing		
	Throw a toy at your sister in the car		
	Remind everyone in the car to buckle up!		
	Walk on the sidewalk		
	Run into a street after a toy or pet		
	Stand behind a parked car in a parking lot		
	Wear your helmet on your bike		
	Stay alone in a car as long as the doors are locked		
	Play with the car's windows and door locks		
	Stand back at least 5 feet from the curb while waiting for the bus		
Have a white light on the front and red light on the back of your bicycle			
Ride your bike without hands across an intersection			
Use the buddy system			



For further information, write to:

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Safe Not Sorry: Follow the Rules

Home	School	Community



<p>Sitting in a safety seat in the back of your car</p>	<p>Sitting in the front seat of the car because your parents say it is okay</p>
<p>Staying alone in a parked car as long as the doors are locked</p>	<p>Going into the store with your parent and not staying alone in a parked car</p>
<p>Singing loudly in the car</p>	<p>Quietly playing a video game in the car</p>
<p>Listening to the bus driver when he asks you to sit down</p>	<p>Standing up on the bus even when the bus driver asks you to sit down</p>



<p>Wearing your bicycle helmet when riding your bike</p>	<p>Riding your bike without a helmet</p>
<p>Walking your bicycle across intersections</p>	<p>Riding your bicycle across intersections</p>
<p>Crossing the street at a crosswalk</p>	<p>Crossing the street wherever you want</p>
<p>Looking both ways before crossing the street</p>	<p>Running in the street after a toy or pet</p>



<p>Staying with a buddy when playing in your neighborhood park</p>	<p>Talking to a nice stranger at your neighborhood park</p>
<p>Wearing reflective clothing when walking at night</p>	<p>Wearing dark clothes when walking at night</p>
<p>Staying by your parent's side in a parking lot</p>	<p>Playing tag in the grocery store parking lot</p>



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Street Smart

Word Bank:

helmet
traffic signs

strangers
crosswalk

buddy system
back seat



I wear my _____ when riding my bike.



I cross the street at a _____.



I sit in the _____ of my car.



I pay attention to _____.



I don't talk to _____.



I use the _____ when playing with friends in my neighborhood.

Safety Rules Story

Safety rules are important to follow. These rules protect us from getting hurt. Write a story about someone your age who learned the importance of safety rules. Include at least three (3) rules in your story.



3 Reasons why it is safer in the back seat

2 Things you found interesting

1 Thing you wonder

