

Safe Not Sorry

Is it Safe Behavior?

Learning Objectives

Students will:

1. Explain why rules are necessary to be safe in a car, on a school bus, riding a bike, and walking.
2. Listen critically to interpret and evaluate a story.
3. Create a visual to represent appropriate
4. safe transportation behavior.
5. Give an example of unsafe behavior.

TEKS: SS K.14B, K.15A, K.15B, 1.11A, 1.11B, 1.17A, 1.17B, 1.18A, 1.18B, 2.11A, 2.19A, 3.9C, 3.17C, 3.18

Materials Needed:

Safe Not Safe PPT, *Safe Not Safe* children's books, crayons

Vocabulary:

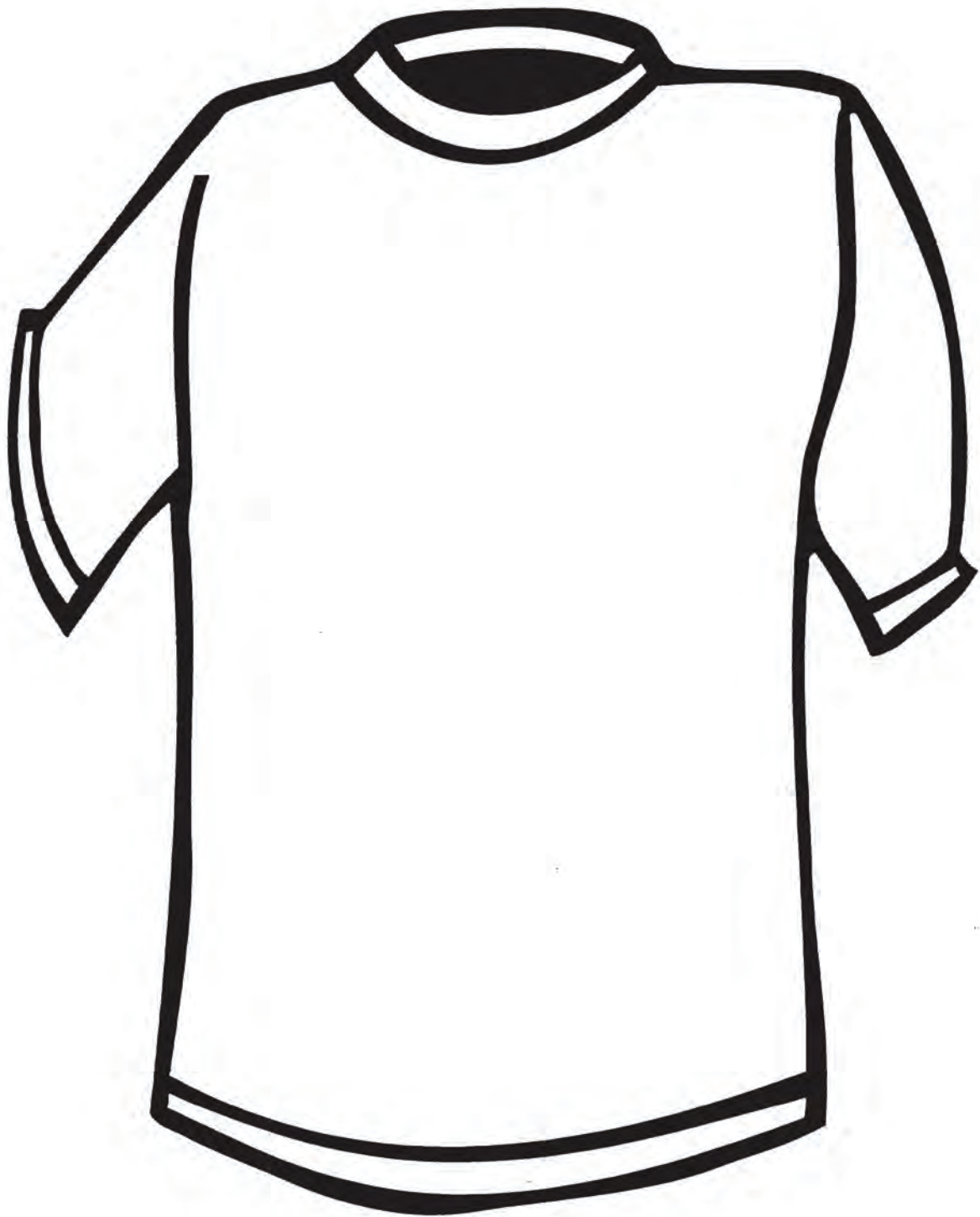
Safety, rules, protection, unsafe, community

Teaching Strategy:

1. Introduce lesson by asking students if they have rules to follow at home. Ask why they have rules at home and at school. Lead discussion on why there are safety rules for children in a car, school bus, riding a bike, etc.
2. Read *Safe Not Safe* to class. Teacher may use the PPT. found at tmcec.com/drsr along with the book itself. As teacher reads book, stop, and show the pages to students.
3. Teacher may stop and discuss the rules with students. Ask students why it's necessary to have these rules.
4. When finished, teacher leads a discussion of examples of safe behavior students learned about in the book. Then ask students if they can give examples of unsafe behavior.
5. Hand out blank t-shirt, one for each student. If teacher has class set of books, hand one to each student.
6. Explain to students that they each get to design a Safe T-shirt by drawing and coloring a picture representing one safe behavior that they learned about from the story. They may draw their own picture or trace one from the book.
7. After students have finished, have students present their pictures to the class explain why they chose the safe behavior. Ask students to give examples of unsafe safety behavior.

Extension for Gifted/Talented:

Students will work in partners to create a safety slogan for their t-shirt.



Safe Not Sorry PowerPoint



When riding in a car



- You must sit in a child safety seat or booster seat if under the height/age requirement.

- Be sure to buckle up!

- Make sure the shoulder strap is properly placed.

- Keep your arms and legs inside the car, please.

- Do not throw anything in or outside the car.



2

- You are safest in the back seat.

The Rules

Birth to at least 1 Year, Up to 35 Pounds

- Rear-facing child safety seat in the back seat

1-3 Years, 20 to 40 Pounds or more

- Rear-facing for as long as possible, then a forward-facing seat, in the back seat

4-7 Years, Usually over 40 Pounds, up to 4'9"

- Booster seat in the back seat

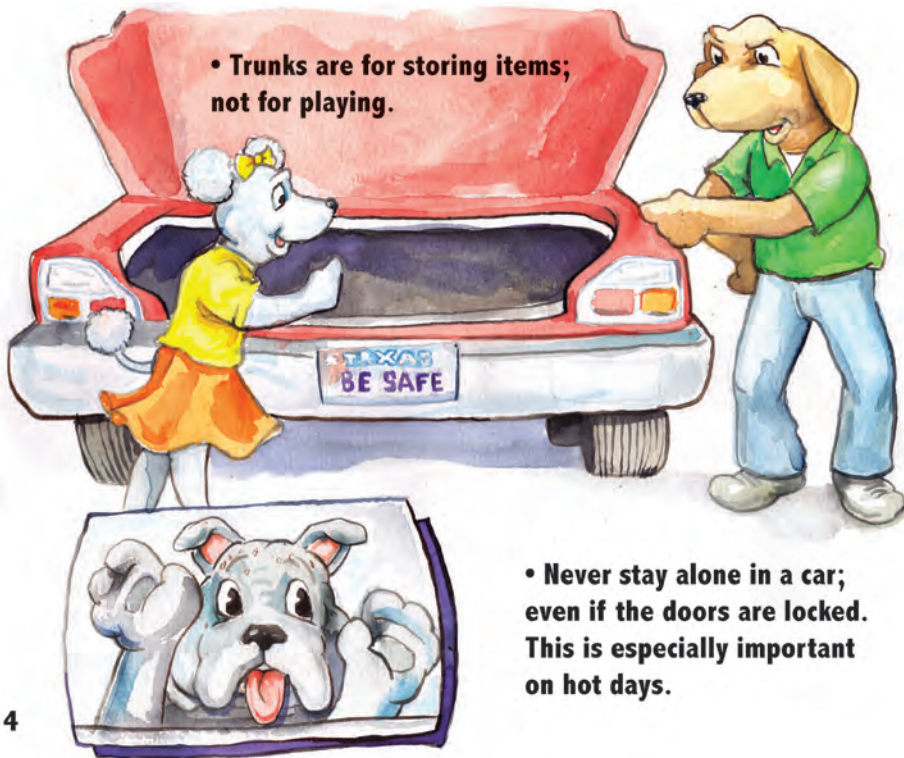
8+ Years, Over 4'9" tall

- An adult seat belt, in the back seat, if it fits properly
- Children should not ride in the front seat until about age 13



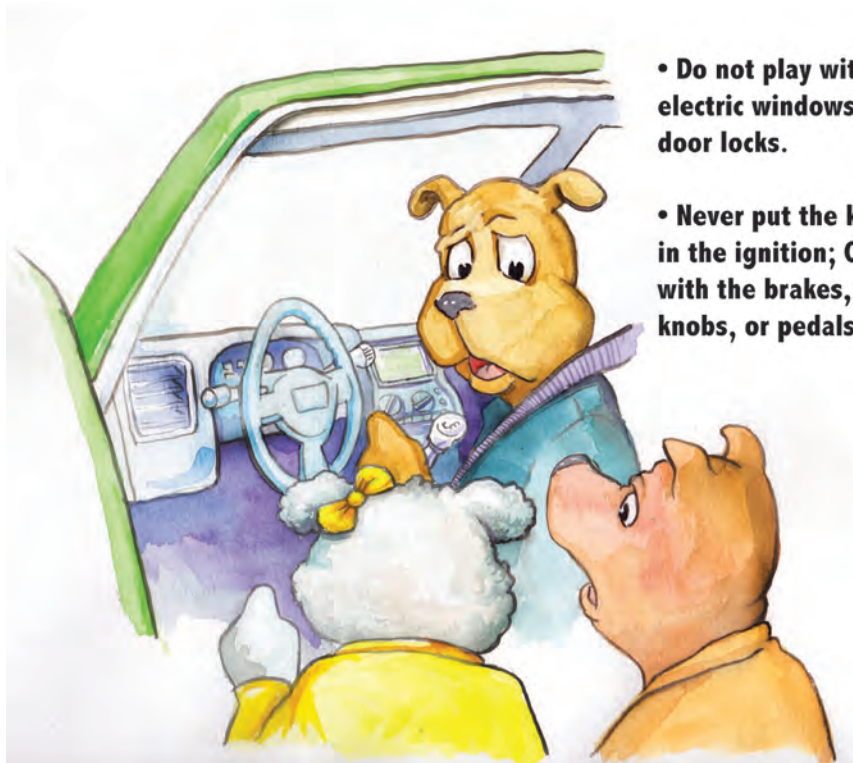
3

• Trunks are for storing items; not for playing.



• Never stay alone in a car; even if the doors are locked. This is especially important on hot days.

4



- Do not play with the electric windows or door locks.

- Never put the keys in the ignition; Or fool with the brakes, gears, knobs, or pedals.

5

- Do not distract the driver with lots of noise or questions.

- Talk or sing softly.

- If you are playing a video game or listening to music, keep the volume low.



6



Remind your driver To

- Buckle Up!
- Don't text and drive.
- Use cell phone only in emergencies while in the car.
- Never drink alcohol and drive.
- Obey all traffic signs and symbols.

7

When on a school bus



- Listen to the driver.
- Stand back at least 5 feet from the curb while waiting.
- Hold onto the handrail.
- Cross the street 10 steps in front of the bus.



8



When riding a bicycle



- Always wear a helmet on your bicycle.
- Put reflectors on your bike.
- Keep your hands on the handlebars.
- Walk your bike across intersections.
- Use hand signals.
- Be visible. Be well lit. Add a bright white light to the front of your bike and a red light to the back.



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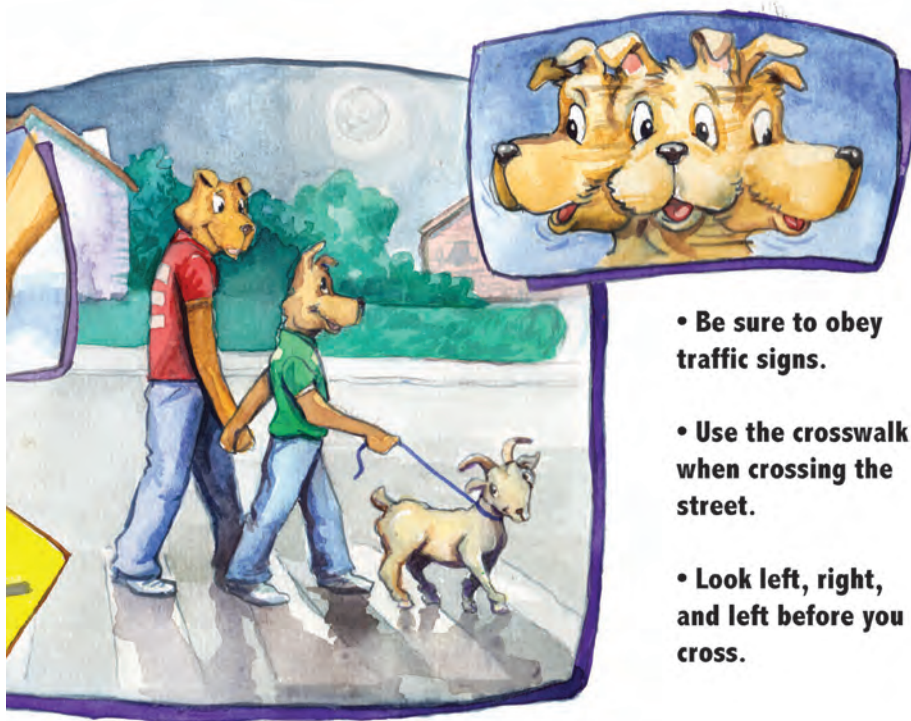
When walking



- Stay on the sidewalk.
- Hold hands.
- Walk, don't run, across intersections.
- Make sure that your pet is on a leash and can't run out into the street.
- Wear reflective clothes or stickers at night.



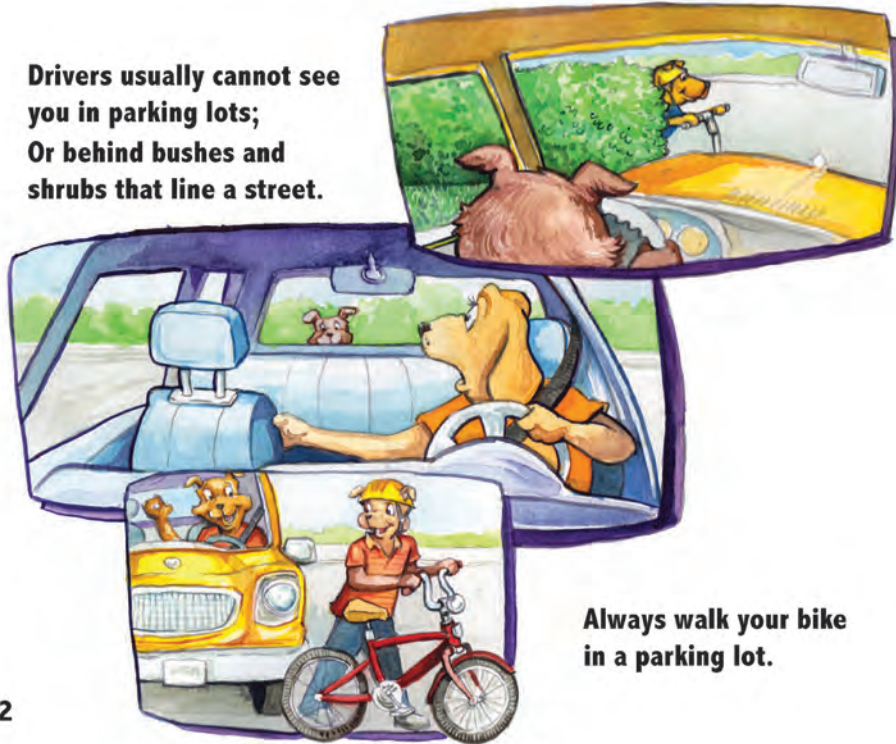
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- Be sure to obey traffic signs.
- Use the crosswalk when crossing the street.
- Look left, right, and left before you cross.

11

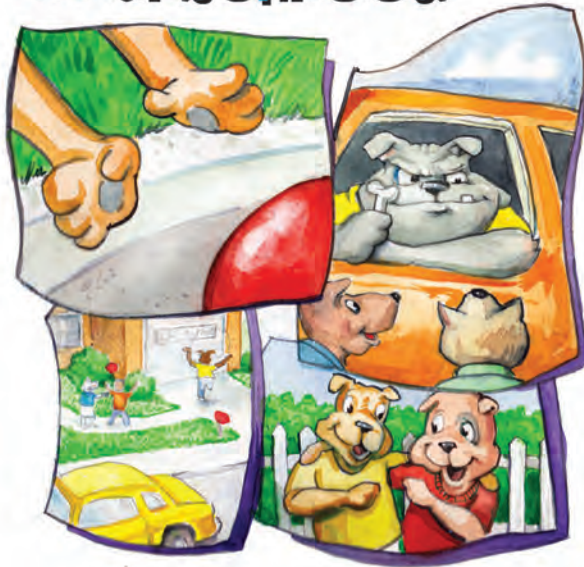
Drivers usually cannot see you in parking lots;
Or behind bushes and shrubs that line a street.



Always walk your bike in a parking lot.

12

When playing in your neighborhood



- Don't chase a ball into the street without looking first for cars.
- Play in the front yard or at a park; not in the street.
- Don't talk to strangers.
- Remember the buddy system.

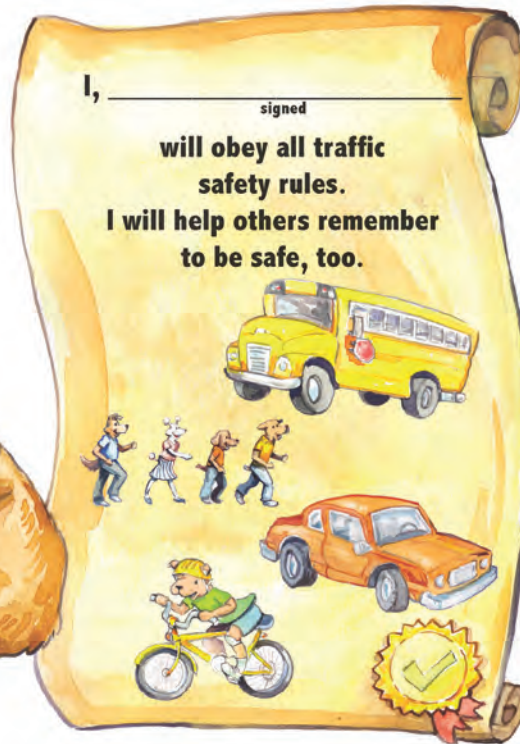
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So, Be Safe—Not Sorry!
Accidents can be prevented.

BE STREET SMART!



14



Check for Understanding!

Put a check in the column indicating whether it is
Safe **Unsafe**

	Remind your Dad to not text & drive		
	Sit in the back seat in a booster seat		
	Sing loudly with your friends in the carpool		
	Wear reflective clothes or stickers when walking at night		
	Play in the trunk of your aunt's car		
	Play tag in the grocery store parking lot		
	Cross at the crosswalk		
	Look left, right, left before crossing		
	Throw a toy at your sister in the car		
	Remind everyone in the car to buckle up!		
	Walk on the sidewalk		
	Run into a street after a toy or pet		
	Stand behind a parked car in a parking lot		
	Wear your helmet on your bike		
	Stay alone in a car as long as the doors are locked		
	Play with the car's windows and door locks		
	Stand back at least 5 feet from the curb while waiting for the bus		
Have a white light on the front and red light on the back of your bicycle			
Ride your bike without hands across an intersection			
Use the buddy system			



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